

CPC Behavioral Healthcare

Hope and Recovery...within Reach

Trina's Story

Trina is a young, Latino woman who had been chronically homeless for several years, with the result that her psychosis went untreated and her children were removed from her care and put into the foster care system. Eventually, she was taken into custody when she showed up at a convenience store, raving and behaving aggressively toward customers. She was medicated and released, and would have continued in this downward spiral had CPC not stepped in and taken her on as a client.

CPC's clinical and social services staff found her a room to rent until they were able to help her resume her medications and get her social security disability benefits reinstated. The highly regarded PACT Program (Program for Assertive Community Treatment), a program that brings a coordinated suite of medical and social services directly to seriously ill clients, worked with her to stabilize her medical condition and give her the help she needed to begin rebuilding her life, with dignity and growing confidence in her ability to be well.

It has been almost one year since Trina was taken out of that convenience store, and since working with CPC, she has maintained her own apartment, is successfully being treated for her mental illness, and, with CPC's help, is working with family and children's services to get visitation with her children. Thanks to her own hard work, and help from CPC, Trina has real hope – for the first time in years – that she can one day be the mother to her children that she wants to be – healthy, responsible and productive.

- Housing instability is among the chief reasons people with severe and persistent mental illness will experience a recurrence and/or worsening of symptoms.